

Mindfulness Connections was formed to support and encourage the accessibility, application, and assessment of the principles and practices of mindfulness, awareness, compassion, and wisdom in their broadest interpretations across the lifespan. Because Mindfulness Connections is not affiliated with a particular practice, or teaching, it is open to the vast and growing diversity of work being done in the areas of mindfulness, meditation, awareness, empathy, compassion, and social-emotional learning in education, health, business, science, communication, politics, the arts and other endeavors. We provide support and encouragement through grant making, pro bono consultation, and providing opportunities and resources for connecting people, ideas, and activities. For additional information, please contact Faith at Info.MindfulnessConnections@gmail.com and visit our web site: www.mindfulnessconnections.org.